LIAQUAT UNIVERSITY
OF MEDICAL & HEALTH SCIENCES
JAMSHORO

SDG - 3
HEALTH
And Well-Being



LIAQUAT UNIVERSITY
OF MEDICAL & HEALTH SCIENCES
JAMSHORO

LUMHS collaboration with local national and global health Institutions to improve health and wellbeing outcomes

Liaquat University of Medical & Health Sciences (LUMHS), Jamshoro, recognizes that improving health and well-being outcomes requires collective effort, and it therefore works in close collaboration with local, national, and global health institutions to extend the reach, quality, and impact of its academic, clinical, and community services. At the local level, the University partners with its affiliated teaching hospitals, public-sector schools, community organizations, and civil society groups to deliver health camps, awareness sessions, and outreach programmes to underserved communities across Sindh. At the national level, it collaborates with regulatory bodies, government health departments, professional councils, and fellow universities and research institutions to align its education, research, and services with national health priorities and quality standards. Globally, LUMHS engages with international academic institutions, development agencies, and health organizations to exchange knowledge, strengthen research and training capacity, and adopt evidence-based practices. Through these partnerships, the University promotes shared learning, improves access to quality healthcare and health education, and contributes to SDG 3 (Good Health and Well-being) and SDG 17 (Partnerships for the Goals).

LUMHS International Collaboration - Participation in the Global TB Clinical and Educational Summit 2025

Tuberculosis (TB) remains one of the leading infectious causes of death worldwide, and Pakistan continues to rank among the high-burden countries, making sustained professional development in TB care a national and institutional priority. In this context, the Global TB Clinical and Educational Summit was held from 14 to 17 October 2025, bringing together clinicians, educators, and public health professionals from different countries to share recent advances in the diagnosis, management, and teaching of TB. The activity was delivered by QIAGEN (CPD Provider No. 1429) and accredited by the CPD Certification Service (CPD Certified), with 22 CPD hours/points awarded, the activity date being recorded as 17 October 2025. Dr. Yusra Shafqat, a faculty member of Liaquat University of Medical & Health Sciences (LUMHS), [designation and department to be added], participated in this international forum [venue/mode to be added]. Her participation reflects LUMHS's commitment to faculty development, exposure to the best global practices, and the integration of current clinical and educational knowledge into teaching, patient care, and institutional quality enhancement.

Objectives of Participation

- To engage with global developments in TB diagnosis, treatment and education
- To strengthen faculty knowledge and capacity in TB management
- To build international professional linkages

Outcomes

- Faculty participation in a global TB summit
- 22 CPD hours/points earned
- Strengthened international professional linkages
- Enhanced institutional awareness of current TB practice



CERTIFICATE
OF
CONTINUING PROFESSIONAL DEVELOPMENT
The CPD Certification Service certifies that
Yusra Shafquat
the above named has participated in the following CPD activity
Global TB Clinical and Educational Summit - Oct 14-17,2025
CPD Provider Organisation
QIAGEN
CPD Provider No: 1429
An initiative to increase standards of CPD provision to professionals in relevant market sectors
CPD CERTIFIED The CPD Certification Service
Date of CPD Activity: 17/10/2025
No. CPD Hours / Points: 22



CERTIFICATE
OF
CONTINUING PROFESSIONAL DEVELOPMENT
The CPD Certification Service certifies that
Yusra Shafquat
the above named has participated in the following CPD activity
QIAGEN World TB Day 2025
CPD Provider Organisation
QIAGEN
CPD Provider No: 1429
An initiative to increase standards of CPD provision to professionals in relevant market sectors
CPD CERTIFIED The CPD Certification Service
Date of CPD Activity: 24/03/2025
No. CPD Hours / Points: 4

LIAQUAT UNIVERSITY
OF MEDICAL & HEALTH SCIENCES
JAMSHORO

LUMHS Global Collaboration for Mental Health

Introduction

Liaquat University of Medical & Health Sciences (LUMHS), Jamshoro, recognizes mental health as an essential component of overall health and well-being and supports national and international efforts aimed at strengthening mental health services, professional capacity, research, and community-based interventions. As a health sciences university, LUMHS promotes academic and professional engagement in mental health through education, research, clinical practice, capacity building, and collaboration with national and international institutions and organizations. One example of international engagement relevant to mental health is participation in the **Problem Management Plus (PM+) Training of Trainers Workshop**, a capacity-building initiative involving international partners and organizations working in global mental health.

International Mental Health Collaboration

LUMHS's engagement with international mental health initiatives provides opportunities for:

- Knowledge exchange in contemporary mental health approaches.
- Capacity building of healthcare professionals and trainers.
- Exposure to internationally developed mental health interventions.
- Strengthening community-based mental health services.
- Development of skills in psychological and psychosocial interventions.
- Academic and professional networking with national and international mental health institutions.
- Promotion of evidence-based approaches to mental health care.

Problem Management Plus (PM+) Training of Trainers

National Workshop on Training of Trainers for Problem Management Plus (PM+).

The activity represents an important example of collaboration and knowledge transfer in the field of global mental health.

Problem Management Plus (PM+) is a structured psychological intervention designed to provide support to people experiencing common mental health difficulties, particularly in settings where access to specialist mental health services may be limited.

Training-of-trainers' programmes are particularly valuable because they allow trained professionals to disseminate knowledge and skills to a wider group of healthcare providers and community-based practitioners.

International Partners and Supporting Organizations

The workshop documentation displays the logos of several organizations involved in or supporting the initiative, demonstrating the international dimension of the programme.

The organizations include:

- **Pakistan Psychiatric Society**
- **IMPACT**
- **NIHR – National Institute for Health and Care Research**
- **UK International Development**
- Other institutional and academic partners displayed on the workshop banner.

The involvement of organizations associated with the **United Kingdom's international development and health research ecosystem**, together with national psychiatric and academic institutions, reflects a broader international approach to strengthening mental health capacity.

Relevance to LUMHS

For LUMHS, engagement with international mental health initiatives provides an opportunity to strengthen its role as a health sciences institution committed to improving mental health services in Sindh and Pakistan.
International collaboration can contribute to LUMHS through:
Capacity Building
Faculty and healthcare professionals can gain exposure to internationally recognized approaches to psychological and psychosocial care.
Knowledge Exchange
International programmes provide opportunities for exchange of knowledge, experiences, training methodologies, and evidence-based practices.
Research Collaboration
International mental health networks can support collaborative research on:

- Mental health and well-being
- Community mental health
- Psychological interventions
- Mental health of vulnerable populations
- Maternal and adolescent mental health
- Mental health in underserved communities
- Disaster and emergency mental health

Community Mental Health

PM+ and similar interventions emphasize accessible psychological support, making them particularly relevant to communities where specialist mental health services may be limited. LUMHS can use such international knowledge and approaches to strengthen community-oriented mental health initiatives in Sindh.

International mental health collaborations can strengthen LUMHS by:

1. Enhancing the capacity of faculty and healthcare professionals.
2. Promoting evidence-based mental health interventions.
3. Supporting interdisciplinary education and training.

4. Creating opportunities for collaborative research.
5. Developing international academic and professional networks.
6. Improving community-oriented mental health services.
7. Supporting student and faculty exposure to global mental health practices.
8. Strengthening LUMHS's contribution to SDG 3 and SDG 17.

Conclusion

LUMHS recognizes that improving mental health requires collaboration beyond institutional and national boundaries. Engagement with international mental health initiatives provides opportunities for **capacity building, knowledge exchange, research collaboration, and development of evidence-based community mental health approaches**.






National Program
for
Problem Management Plus Pakistan






Organized by
Institute of Psychiatry
Rawalpindi Medical University, Rawalpindi


INTRODUCTIONS




PAKISTAN PSYCHIATRIC SOCIETY
iMPACT
NIHR
Problem Management Plus (PM+)
National workshop on Training of Trainers for
Problem Management Plus (PM+)
Organized By:
Centre for Global Mental Health Research Implementation &
Development (GRID) - Institute of Psychiatry,
Rawalpindi Medical University, Rawalpindi

LIAQUAT UNIVERSITY
OF MEDICAL & HEALTH SCIENCES
JAMSHORO

LUMHS Collaboration with Sindh Mental Health Authority

Mental Health Capacity Building and Community Outreach in District Khairpur

Liaquat University of Medical & Health Sciences (LUMHS), through its Department of Psychiatry, contributes to strengthening mental health services and capacity across Sindh. As part of its commitment to **SDG 3: Good Health and Well-being**, LUMHS collaborates with provincial health authorities and government institutions to enhance the capacity of healthcare professionals and improve access to mental health services for underserved communities.

One such initiative was undertaken in collaboration with the **Sindh Mental Health Authority (SMHA)**. The initiative combined professional capacity building with community-based psychiatric services, thereby addressing both the supply of trained healthcare providers and the need for accessible mental healthcare at the community level.

Capacity Building of Health Professionals

At the request of the Sindh Mental Health Authority, LUMHS faculty were engaged to conduct a mental health training session for doctors at **Gambat Institute of Medical Sciences (GIMS) Hospital** on **19 July 2025**.

The three-hour training was designed to strengthen the knowledge and practical capacity of doctors working in general and primary healthcare settings. The activity focused on improving the ability of healthcare professionals to:

- Recognize common mental health and psychiatric conditions;
- Identify patients requiring psychiatric assessment and intervention;
- Improve initial management of patients presenting with mental health problems;
- Recognize situations requiring specialist psychiatric referral;
- Improve coordination between general healthcare and specialist mental health services; and
- Support earlier identification and intervention for people experiencing mental health difficulties.

The training represented an important component of capacity building because healthcare professionals at primary and general hospital levels are often the first point of contact for individuals experiencing mental health problems.

Community Psychiatric Outreach Camp

Following professional training, LUMHS faculty also participated in a free psychiatric camp at the Basic Health Unit (BHU), Sikandarabad Nara, District Khairpur, on 20 July 2025.

The camp provided psychiatric consultations to community members without financial barriers to accessing specialist mental healthcare. Services were made available to people across different age groups and included:

- Children and adolescents;
- Children and persons with special needs;
- Adults;
- Elderly people;
- People experiencing psychiatric conditions;
- Persons affected by epilepsy; and
- Individuals experiencing addiction and substance-use-related problems.

The outreach model enabled patients from the local community to receive assessment and professional guidance closer to their place of residence. It also provided an opportunity for individuals who might otherwise face geographical, financial, or social barriers to specialist care to access psychiatric services.

Government–University Partnership

The initiative demonstrates a practical partnership between **LUMHS and the Sindh Mental Health Authority**, linking the university's academic and clinical expertise with the provincial government's responsibility for mental health services.

The SMHA identified the need for continued capacity building in the district and noted that the activity constituted a further round of mental health training in response to the increasing burden of mental health conditions. The communication regarding the activities was also shared with senior provincial health authorities, including the **Secretary Health, Government of Sindh, and the Director General Health Services Sindh**, as well as the Dean of Medicine, LUMHS.

This reflects engagement beyond an individual clinical activity and demonstrates how university expertise can support provincial health-system priorities.

The combined approach of **training healthcare professionals and providing direct community psychiatric services** strengthens the mental health care pathway at both institutional and community levels.

The training component contributes to a more capable health workforce by improving the ability of doctors to recognize mental health conditions and make appropriate referrals. The community camp complements this by providing direct specialist consultations to people in an underserved setting.

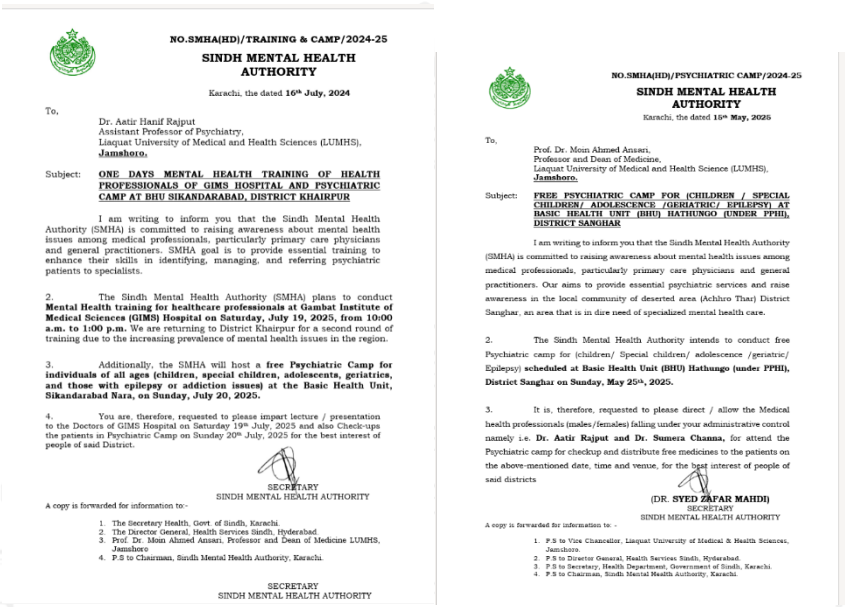
Together, these activities demonstrate LUMHS's role not only as an academic and teaching institution but also as a **partner in strengthening the provincial health system and extending specialist healthcare services to communities in need**.

Conclusion

The collaboration between LUMHS and the Sindh Mental Health Authority represents a meaningful contribution to mental health promotion and service delivery in Sindh. Through specialist-led capacity building, community psychiatric outreach, free consultations, and

coordination with provincial health authorities, LUMHS contributes to improving access to mental healthcare and strengthening the capacity of the wider health system.

The initiative provides clear evidence of LUMHS's contribution to **SDG 3 (Good Health and Well-being)**, particularly mental health and substance-use-related care, while also demonstrating **SDG 17 (Partnerships for the Goals)** through collaboration with a provincial government authority.



NO.SMHA(HD)/TRAINING & CAMP/2024-25

SINDH MENTAL HEALTH AUTHORITY

Karachi, the dated 16th July, 2024

To,

Dr. Aatir Hanif Rajput
Assistant Professor of Psychiatry,
Liaquat University of Medical and Health Sciences (LUMHS),
Jamshoro.

Subject: **ONE DAYS MENTAL HEALTH TRAINING OF HEALTH PROFESSIONALS OF GIMS HOSPITAL AND PSYCHIATRIC CAMP AT BHU SIKANDARABAD, DISTRICT KHAIRPUR**

I am writing to inform you that the Sindh Mental Health Authority (SMHA) is committed to raising awareness about mental health issues among medical professionals, particularly primary care physicians and general practitioners. SMHA goal is to provide essential training to enhance their skills in identifying, managing, and referring psychiatric patients to specialists.

2. The Sindh Mental Health Authority (SMHA) plans to conduct **Mental Health training for healthcare professionals at Gambat Institute of Medical Sciences (GIMS) Hospital on Saturday, July 19, 2025, from 10:00 a.m. to 1:00 p.m.** We are returning to District Khairpur for a second round of training due to the increasing prevalence of mental health issues in the region.

3. Additionally, the SMHA will host a **free Psychiatric Camp for individuals of all ages (children, special children, adolescents, geriatrics, and those with epilepsy or addiction issues) at the Basic Health Unit, Sikandarabad Nara, on Sunday, July 20, 2025.**

4. You are, therefore, requested to please impart lecture / presentation to the Doctors of GIMS Hospital on Saturday 19th July, 2025 and also Check-ups the patients in Psychiatric Camp on Sunday 20th July, 2025 for the best interest of people of said District.

SECRETARY
SINDH MENTAL HEALTH AUTHORITY

A copy is forwarded for information to:-

1. The Secretary Health, Govt. of Sindh, Karachi.
2. The Director General, Health Services Sindh, Hyderabad.
3. Prof. Dr. Moin Ahmed Ansari, Professor and Dean of Medicine LUMHS, Jamshoro
4. P.S to Chairman, Sindh Mental Health Authority, Karachi.

SECRETARY
SINDH MENTAL HEALTH AUTHORITY

NO.SMHA(HD)/PSYCHIATRIC CAMP/2024-25

SINDH MENTAL HEALTH AUTHORITY

Karachi, the dated 15th May, 2025

To,

Prof. Dr. Moin Ahmed Ansari,
Professor and Dean of Medicine,
Liaquat University of Medical and Health Science (LUMHS),
Jamshoro.

Subject: **FREE PSYCHIATRIC CAMP FOR (CHILDREN / SPECIAL CHILDREN/ ADOLESCENCE /GERIATRIC/ EPILEPSY) AT BASIC HEALTH UNIT (BHU) HATHUNGO (UNDER PPHI), DISTRICT SANGHAR**

I am writing to inform you that the Sindh Mental Health Authority (SMHA) is committed to raising awareness about mental health issues among medical professionals, particularly primary care physicians and general practitioners. Our aims to provide essential psychiatric services and raise awareness in the local community of deserted area (Achhro Thar) District Sanghar, an area that is in dire need of specialized mental health care.

2. The Sindh Mental Health Authority intends to conduct free Psychiatric camp for (children/ Special children/ adolescence /geriatric/ Epilepsy) **scheduled at Basic Health Unit (BHU) Hathungo (under PPHI), District Sanghar on Sunday, May 25th, 2025.**

3. It is, therefore, requested to please direct / allow the Medical health professionals (males/females) falling under your administrative control namely i.e. **Dr. Aatir Rajput and Dr. Sumera Channa,** for attend the Psychiatric camp for checkup and distribute free medicines to the patients on the above-mentioned date, time and venue, for the best interest of people of said districts

(DR. SYED ZAFAR MAHDI)
SECRETARY
SINDH MENTAL HEALTH AUTHORITY

A copy is forwarded for information to: -

1. P.S to Vice Chancellor, Liaquat University of Medical & Health Sciences, Jamshoro.
2. P.S to Director General, Health Services Sindh, Hyderabad.
3. P.S to Secretary, Health Department, Government of Sindh, Karachi.
4. P.S to Chairman, Sindh Mental Health Authority, Karachi.



LUMHS Contribution to Strengthening Pakistan's AMR Surveillance System

Liaquat University of Medical and Health Sciences (LUMHS) participated in the Fleming Fund Country Grant initiative, implemented by DAI Pakistan with UK aid support, to strengthen Pakistan's antimicrobial resistance (AMR) surveillance system. Dr. Yusra Shafqat of the Department of Pathology represented LUMHS in this initiative.

On 10 December 2025, DAI Pakistan awarded her a Certificate of Appreciation for her outstanding contribution and unwavering support towards improving health outcomes through AMR surveillance at the global level. The certificate was signed by Dr. Qadeer Ahsan, Team Leader, and Dr. Muhammad Taimoor Kayani, Senior Manager One Health Surveillance, Fleming Fund Country Grant, DAI Pakistan.



DAI
Shaping a more livable world.

The Fleming Fund

UKaid

Certificate of Appreciation

awarded to

Dr. Yusra Shafqat

Liaquat University of Medical and Health Sciences, Hyderabad/Jamshoro

in recognition of their outstanding contribution and unwavering support towards strengthening **Pakistan's Antimicrobial Resistance (AMR) Surveillance System**

Date: 10th Dec 2025

Dr. Qadeer Ahsan
Team Leader
Fleming Fund Country Grant
DAI Pakistan

Dr. Muhammad Taimoor Kayani
Senior Manager One Health Surveillance
Fleming Fund Country Grant
DAI Pakistan

World antimicrobial resistance (AMR) awareness week 2025 at LUMHS

World AMR Awareness Week is observed globally each November to raise awareness of antimicrobial resistance (AMR) and to promote the responsible use of antimicrobials, and the 2025 observance, held from 18 to 24 November under the theme "Act Now: Protect Our Present, Secure Our Future," underscored the urgency of collective action against a major threat to global health, with Pakistan carrying a particularly high burden. As a partner institution in the Fleming Fund-supported national AMR surveillance system, Liaquat University of Medical & Health Sciences (LUMHS) marked the occasion on 24 November 2025 through a seminar and awareness walk, supported by the Fleming Fund Country Grant-UK aid. The programme aimed to raise awareness of AMR among students, faculty, clinicians, and the wider community; to promote rational antibiotic use and infection prevention practices; to recognize contributions to strengthening AMR surveillance; and to consolidate partnerships with national

and international AMR stakeholders. Through these activities, LUMHS reaffirmed its commitment to antimicrobial stewardship, evidence-based public health engagement, and institutional collaboration in addressing AMR.

Activities

Awareness Seminar / Programme
LUMHS faculty, SDG Volunteer students and invited guests attended a programme under the 2025 theme, supported by the Fleming Fund, DAI, Mott MacDonald and UK aid. A Certificate of Appreciation was presented during the event.

AMR Awareness Walk
An awareness walk was held to promote public and institutional understanding of AMR. Participants carried banners and placards with messages on responsible antibiotic use, completing prescribed courses, hand hygiene and infection prevention.

Outcomes

- Increased awareness of AMR among participants
- Public advocacy for responsible antibiotic use through the awareness walk
- Formal recognition of contributions to AMR surveillance
- Strengthened partnership with the Fleming Fund and DAI Pakistan



LIAQUAT UNIVERSITY
OF MEDICAL & HEALTH SCIENCES
JAMSHORO



WHO/LUMHS Typhoid Surveillance Programme

Programme: Typhoid Surveillance Programme
Partners: World Health Organization (WHO) and LUMHS
Duration: 1 January 2025 – 31 December 2026
Location: LUMHS / Liaquat University Hospital, Jamshoro

Background

In 2019, Pakistan became the first country to introduce typhoid conjugate vaccines (TCV) into its routine childhood immunization programme. The country now has 22 surveillance sites, which function with WHO technical support and funding from Gavi, the Vaccine Alliance. WHO set up the typhoid sentinel sites in May 2020, selecting referral (tertiary) hospitals with qualified laboratory staff and well-equipped laboratories. LUMHS's participation from 2025 to 2026 forms part of this national effort.

Objectives

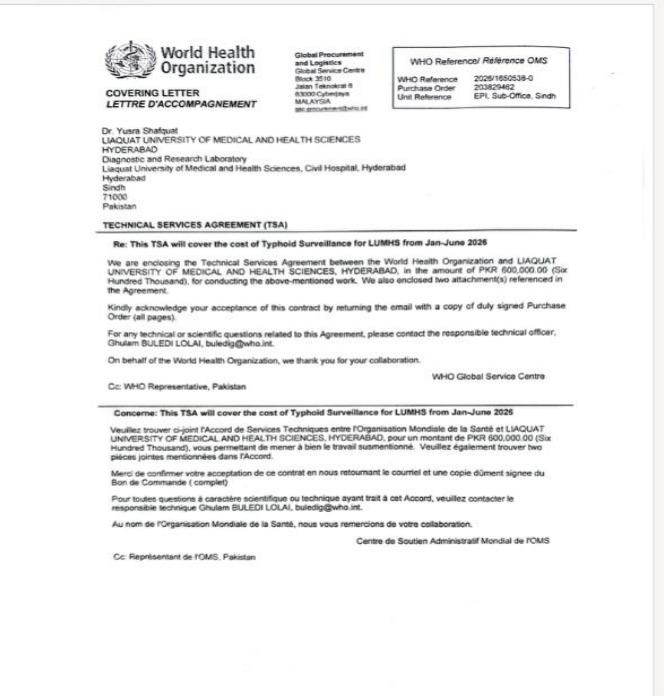
The sites aim to describe typhoid epidemiology, measure the outcomes of TCV introduction, and estimate the proportion of XDR typhoid. At LUMHS, the programme aims to:

- Generate reliable, laboratory-confirmed typhoid data for Sindh
- Monitor antimicrobial resistance, including XDR *Salmonella* Typhi
- Contribute data to national and WHO vaccine-impact assessment

Surveillance Method

WHO defines a suspected case as fever for at least 3 of 7 consecutive days, and a confirmed case as a suspected case with a positive blood culture. Testing relies on blood culture using Bactec bottles.

LUMHS hosted and implements typhoid surveillance in partnership with WHO throughout 2025–2026.



World Health Organization

Global Procurement and Logistics
Global Service Centre
Block 3510
Jalan Teknokrat 6
63000 Cyberjaya
MALAYSIA

WHO Reference/ *Référence OMS*

WHO Reference	2026/1650538-0
Purchase Order	203829462
Unit Reference	EPI, Sub-Office, Sindh

COVERING LETTER
LETTRE D'ACCOMPAGNEMENT

Dr. Yusra Shafqaat
LIAQUAT UNIVERSITY OF MEDICAL AND HEALTH SCIENCES
HYDERABAD
Diagnostic and Research Laboratory
Liaquat University of Medical and Health Sciences, Civil Hospital, Hyderabad
Hyderabad
Sindh
71000
Pakistan

TECHNICAL SERVICES AGREEMENT (TSA)

Re: This TSA will cover the cost of Typhoid Surveillance for LUMHS from Jan-June 2026

We are enclosing the Technical Services Agreement between the World Health Organization and LIAQUAT UNIVERSITY OF MEDICAL AND HEALTH SCIENCES, HYDERABAD, in the amount of PKR 600,000.00 (Six Hundred Thousand), for conducting the above-mentioned work. We also enclosed two attachment(s) referenced in the Agreement.

Kindly acknowledge your acceptance of this contract by returning the email with a copy of duly signed Purchase Order (all pages).

For any technical or scientific questions related to this Agreement, please contact the responsible technical officer, Ghulam BULEDI LOLAI, buledig@who.int.

On behalf of the World Health Organization, we thank you for your collaboration.

WHO Global Service Centre

Cc: WHO Representative, Pakistan

Concerne: This TSA will cover the cost of Typhoid Surveillance for LUMHS from Jan-June 2026

Veuillez trouver ci-joint l'Accord de Services Techniques entre l'Organisation Mondiale de la Santé et LIAQUAT UNIVERSITY OF MEDICAL AND HEALTH SCIENCES, HYDERABAD, pour un montant de PKR 600,000.00 (Six Hundred Thousand), vous permettant de mener à bien le travail susmentionné. Veuillez également trouver two pièces jointes mentionnées dans l'Accord.

Merci de confirmer votre acceptation de ce contrat en nous retournant le courriel et une copie dûment signee du Bon de Commande (complet)

Pour toutes questions à caractère scientifique ou technique ayant trait à cet Accord, veuillez contacter le responsible technique Ghulam BULEDI LOLAI, buledig@who.int.

Au nom de l'Organisation Mondiale de la Santé, nous vous remercions de votre collaboration.

Centre de Soutien Administratif Mondial de l'OMS

Cc: Représentant de l'OMS, Pakistan

In continuation

Dissemination seminar and final meetings of Impact Assessment of Typhoid conjugate vaccine following its introduction in the routine immunization Program of Pakistan (ITRIPP), a cross sectoral dialogue - In Columbo, Srilanka- September 2025



Capacity building workshop and sessions



LIAQUAT UNIVERSITY
OF MEDICAL & HEALTH SCIENCES
JAMSHORO



Collaboration on international level Participation in the Antimicrobial Chemotherapy Conference 2025

Activity Title: Antimicrobial Chemotherapy Conference 2025
Date: 4-5 February 2025
Organized by: GARDP (Global Antibiotic Research & Development Partnership) and the British Society for Antimicrobial Chemotherapy (BSAC)
CPD Credits Awarded: 8 points (CPD approved by the Royal College of Pathologists)

Background

Antimicrobial resistance (AMR) is a major global health threat that undermines the effective treatment of infections. The Antimicrobial Chemotherapy Conference 2025, organized by GARDP and BSAC, brought together professionals working on antimicrobial therapy, stewardship and resistance. faculty member of LUMHS participated in this international forum.

Objectives of Participation

- To keep abreast of current developments in antimicrobial chemotherapy and resistance
- To strengthen institutional capacity in antimicrobial stewardship
- To build linkages with international organizations working on AMR

LUMHS contributed at the two-day conference and received a Certificate of Participation with 8 CPD credits. The knowledge gained supports LUMHS teaching, clinical practice and research on rational antibiotic use and AMR.

Outcomes

- Faculty participation in an international conference on AMR
- 8 CPD credits earned

Enhanced institutional awareness of antimicrobial


Certificate of Participation

AWARDED TO
Dr. Yusra Shafquat

FOR ATTENDING AT THE EVENT
Antimicrobial Chemotherapy Conference 2025, 4 & 5 February, 2025

ORGANISED BY
GARDP and British Society for Antimicrobial Chemotherapy

CPD CREDITS AWARDED
8 Points

SIGNED

Michael Corley
CEO, BSAC

BSAC GARDP bsac.org.uk

Basic Life Support (BLS) Training for Diverse Groups

Local Collaborations to Improve Health and Wellbeing

Date: 10th October 2025

Background

Community service organizations are often the first responders during disasters and emergencies, and their ability to give immediate life-saving care directly affects survival outcomes. In line with its commitment to community health and local collaboration, Liaquat University of Medical and Health Sciences (LUMHS) delivered a free Basic Life Support (BLS) training programme for such organizations.

Objectives

- To equip community responders with essential life-saving skills
- To strengthen local preparedness for disasters and emergencies
- To build collaboration between LUMHS and community service organizations

Activity
In October 2025, LUMHS provided free BLS training to a team of community service organizations that serve during disasters and emergencies., number of participants, trainers, and the training topics and methods, such as CPR, use of an AED, and choking management.

Outcomes

- Community responders were trained in basic life-saving skills at no cost
- Local capacity for emergency response was strengthened
- LUMHS's partnership with community organizations was reinforced

Conclusion
This training reflects LUMHS's commitment to community engagement and to improving health and wellbeing through local partnerships.



LUMHS Participation in the CMAM Training

From 15 to 19 December 2025, Shaheed Mohtarma Benazir Bhutto Medical University, Larkana, organized a five-day training on Community-Based Management of Acute Malnutrition (CMAM) in collaboration with the International Rescue Committee (IRC). It was delivered under the project *Strengthening Local Civil Society and Community-based Organization and their Capacity in the Nutrition Sector in Sindh*, with Strengthening

Participatory Organization (SPO) and MERF as partners and funding from the European Union.

Liaquat University of Medical & Health Sciences (LUMHS) contributed to the training through **faculty/experts delivered sessions from various relevant departments of basic and clinical sciences.** The training covered early identification of acute malnutrition, including MUAC screening of children, and community-level referral and management. LUMHS's involvement strengthened frontline nutrition capacity in Sindh and drew on the university's clinical and public health expertise.

Outcome

The training expanded the skills of health professionals and community-based organizations in Sindh. It also demonstrated LUMHS's commitment to community-oriented health education and to multi-stakeholder partnerships for nutrition.






MERF
SPO
Funded by the European Union
Community-Based Management of Acute Malnutrition (CMAM) Training
15th-19th December-2025
Organized by Shaheed Mohtarma Benazir Bhutto Medical University Larkana in Collaboration with International Rescue Committee
Strengthening Local Civil Society and Community-based Organization and their Capacity in the Nutrition Sector in Sindh



Together for Health, Stand with Science: Capacity Building Workshop on Obstetric Emergencies

To mark World Health Day, Liaquat University of Medical & Health Sciences (LUMHS), in collaboration with the Thar Foundation and the Health Department, Government of Sindh, organised a hands-on capacity building workshop for midwifery students of the Midwifery School, Mithi, in Tharparkar. Held in support of the global theme "Together for Health, Stand with Science," the workshop aimed to strengthen maternal healthcare skills in an under-served district where access to trained birth attendants and quality maternal services remains limited. Through practical, skills-based training, participants enhanced their clinical competence and confidence in delivering safe and respectful care to mothers and newborns. The initiative advanced SDG 3 (Good Health and Well-being) by contributing to improved maternal and child health outcomes, SDG 4 (Quality Education) by providing practical learning beyond the classroom, SDG 5 (Gender Equality) by empowering women midwives and supporting women's health, and SDG 17 (Partnerships for the Goals) by bringing together the University, a development organisation, and the provincial health department. The workshop reflects LUMHS's commitment to community engagement and to building a skilled health workforce in underserved areas of Sindh.

Objectives

- To strengthen the clinical competencies of midwifery students in managing obstetric emergencies.
- To raise awareness of key women's health issues.
- To promote collaboration among academia, government and development partners for

maternal health.

Training Content and Methodology

The training was led by **Dr. Samia Aijaz**, Assistant Professor and Uro-Gynaecologist, LUMHS. It covered the management of obstetric emergencies and key women's health issues through:

- practical demonstrations;
- skill-building exercises;
- interactive sessions.

Attendance and Participation

The event was attended by:

- Dr. Lekhraj, District Health Officer (DHO) Thar, and his team;
- Assistant District Health Officers (ADHOs);
- Dr. Maneeta, In-charge RMNCH Programme;
- Dr. Gianchand, Head of NICVD Mithi;
- Mr. Subhan Samejo, Programme In-charge, Alkhidmat Hospital;
- Dr. Shagufta Shah, PPHI MNCH Lead;
- Ms. Safia, In-charge, Midwifery School Mithi.

Outcomes

- Participants gained practical skills in managing obstetric emergencies.
- Representatives of all partner organizations acknowledged the vital role of Thar Foundation and LUMHS in strengthening maternal healthcare through capacity building and awareness programmes.
- The event strengthened partnerships between the university, the provincial health department and community organizations.

Conclusion

The workshop contributed to building the capacity of future midwives in Tharparkar and demonstrated LUMHS's commitment to community-oriented health education and to improving maternal health outcomes in Sindh.


WORLD HEALTH DAY


WORLD HEALTH DAY


health.
science


HUBCO
Certificate of Participation
er for health.
ith science